

GAME NO _____

DATE _____

PENNSYLVANIA AMERICAN LEGION
YOUTH PITCHING FORM

No player may pitch more than one hundred twenty (95) pitches in a day or make more than two (2) appearances as a pitcher in any three (3) consecutive calendar day period. **Required Rest Period** (1-30 Pitches, 0 Days), (31-45 Pitches, 1 Day), (46-60 Pitches, 2 Days), (61-75 Pitches, 3 Days), (76+ Pitches, 4 Days). It shall be the duty of the member of the tournament director's staff who is designated to oversee the pitching rule to inform both managers when a pitcher has only twenty (20) pitches of eligibility remaining.

The official scorer shall prepare this form in triplicate. He shall give one copy to the coach of each team at the beginning of each game and retain the original for his records.

TEAM _____

PITCHER		Tuesday	Wednesday	Thursday	Friday	Saturday
_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____
_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____
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_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____

OVER

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OVER