

GAME NO _____

DATE _____

PENNSYLVANIA AMERICAN LEGION
REGIONAL PITCHING FORM

No player may pitch more than one hundred five (105) pitches in a day or make more than two (2) appearances as a pitcher in any three (3) consecutive calendar day period. **Required Rest Period** (1-30 Pitches, 0 Days), (31-45 Pitches, 1 Day), (46-60 Pitches, 2 Days), (61-80 Pitches, 3 Days), (81+ Pitches, 4 Days). It shall be the duty of the member of the tournament director's staff who is designated to oversee the pitching rule to inform both managers when a pitcher has only twenty (20) pitches of eligibility remaining.

The official scorer shall prepare this form in triplicate. He shall give one copy to the coach of each team at the beginning of each game and retain the original for his records.

TEAM _____

PITCHER	Friday	Saturday	Sunday	Monday	Tuesday
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
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APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____

OVER

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_____ APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____
_____ APPEARANCES NUMBER OF PITCHES _____	_____	_____	_____	_____	_____

OVER