

GAME NO \_\_\_\_\_

DATE \_\_\_\_\_

PENNSYLVANIA AMERICAN LEGION  
**YOUTH PITCHING FORM**

No player may pitch more than ninety-five (95) pitches in a day or make more than two (2) appearances as a pitcher in any three (3) consecutive calendar day period. **Required Rest Period** (1-30 Pitches, 0 Days), (31-45 Pitches, 1 Day), (46-60 Pitches, 2 Days), (61-75 Pitches, 3 Days), (76+ Pitches, 4 Days). It shall be the duty of the member of the tournament director's staff who is designated to oversee the pitching rule to inform both managers when a pitcher has only twenty (20) pitches of eligibility remaining.

The official scorer shall prepare this form in triplicate. He shall give one copy to the coach of each team at the beginning of each game and retain the original for his records.

TEAM \_\_\_\_\_

PITCHER		Saturday	Sunday	Monday	Tuesday	Wednesday
_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____
_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____
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_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____
_____	APPEARANCES NUMBER OF PITCHES	_____	_____	_____	_____	_____

**OVER**

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**OVER**